42nd PDS Annual Convention
& 10th ASPCR Congress

KaleidoScope of Pigmentary Disorders

November 05-07, 2019
EDSA Shangri-La Hotel
Ortigas Center, Mandaluyong,
1650 Metro Manila

Log on to:
www.pds.org.ph
For more details
Welcome Ceremonies

08:00 AM - 08:30 AM
Welcome Remarks
Dr. Ma. Purita Paz-Lao
President
Philippine Dermatological Society

Prof. Flora Xiang, MD
President
Asian Society of Pigment Cell Research

Dr. Francisco D. Rivera, IV
Over-all Chair
42nd PDS Annual Convention
and 10th ASPCH Congress

08:30 AM - 08:35 AM
Opening Remarks
Dr. Ma. Purita Paz-Lao

08:35 AM - 09:00 AM
Introduction of the
Perpetuo Guterrez Memorial Lecturer
Dr. Evangeline B. Handog
Immediate Past President
International Society of Dermatology

09:30 AM - 11:30 AM
PLENARY

09:30 AM - 09:50 AM
Concept of Beauty in Asian Skin and
Implications of Hyperpigmentation
Dr. Ma. Purita Paz-Lao (Philippines)

09:50 AM - 10:10 AM
Sunscreens and Photocarcinogenesis:
Lessons Learned From Phototherapy of Vitiligo
Prof. Eric Lan, MD (Taiwan)

10:10 AM - 10:30 AM
Melanocyte Stress Response Pathways
in the Onset of Vitiligo
Dr. Prashiela Manga (USA)

10:30 AM - 10:50 AM
Clinical Manifestations and
Biomarkers in Active Vitiligo
Prof. Flora Xiang, MD (China)

10:50 AM - 11:10 AM
Hereditary Pigment Disorders Including Albinism
Prof. Tamio Suzuki (Japan)

11:10 AM - 11:30 AM
Repigmentation of Vitiligo
Dr. Boon Kee Goh (Singapore)

11:30 AM - 12:30 PM
Lunch Symposium 1 (Gálderma Philippines, Inc. - Isla 1, 2, 3)

12:30 PM - 01:30 PM
Lunch Symposium 2 (GSK - Isla 1 & 2 / Procter & Gamble) - Isla 3

01:30 PM - 02:00 PM
Lunch / Free Time

02:00 PM - 05:00 PM
TRACK SESSIONS

VENUE
ISLA 1
ISLA 2
ISLA 3
PALAWAN
05:00 PM - 07:00 PM
08:00 AM - 09:00 AM
09:00 AM - 10:00 AM
10:00 AM - 11:00 AM
11:00 AM - 12:00 PM
12:00 PM - 01:00 PM
01:00 PM - 02:00 PM
09:30 AM - 11:30 AM
11:30 AM - 12:30 PM
12:30 PM - 01:30 PM
01:30 PM - 02:00 PM
02:00 PM - 05:00 PM
05:00 PM - 07:00 PM

TRACK 1: PIGMENTARY DISORDERS IN CHILDREN
TRACK 2: PIGMENTAROSCOPY WORKSHOP
TRACK 3: LASERS IN PIGMENTATION
TRACK 4: PIGMENTATION OF HAIR AND NAILS

Satellite Symposium

NO SEAT RESERVATION: TRACKS ARE OPEN ON A FIRST COME, FIRST SERVED BASIS
PLEASE REFER TO TRACK SESSIONS TOPIC GUIDE FOR SCHEDULE DETAILS
## TRACK 1  ISLA 1

**PIGMENTARY DISORDERS IN CHILDREN**

**CHAIRS:**  DR. MARIE ELEANORE O. NICOLAS (PHILIPPINES) / DR. CINDY JAO-TAN (PHILIPPINES)

**CO-CHAIR:** PROF. TAMIO SUZUKI (JAPAN)

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>02:00 PM - 02:20 PM</td>
<td>Self-Assessment Quizisser Quiz</td>
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<tr>
<td>02:20 PM - 02:40 PM</td>
<td>Brown How?! Differentials and Management of Hyperpigmented Lesions</td>
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<tr>
<td>02:40 PM - 03:00 PM</td>
<td>Here Comes the Sun! Photosensitive Disorders and Photoprotection in Kids</td>
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<tr>
<td>03:00 PM - 03:20 PM</td>
<td>Different Shades of White: Hypopigmented Lesions in Kids</td>
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<tr>
<td>03:20 PM - 03:40 PM</td>
<td>Congenital Melanocytic Nevus: When to Keep and When to Worry</td>
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<tr>
<td>03:40 PM - 04:00 PM</td>
<td>Macular Pigmentation of Uncertain Etiology</td>
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<tr>
<td>04:00 PM - 04:20 PM</td>
<td>Dermoscopy of Pigmented Lesions in Children</td>
</tr>
<tr>
<td>04:20 PM - 05:00 PM</td>
<td>Hypopigmentation - Differential Diagnosis of Skin of Color</td>
</tr>
</tbody>
</table>

- **Dr. Rashmi Sarkar** (India)
- **Dr. Angela Katrina Esguerra** (Philippines)
- **Dr. Marie Eleanore O. Nicolas** (Philippines)
- **Dr. Donna Sarrosa** (Philippines)
- **Prof. Prasad Kumarasinghe** (Australia)
- **Dr. Gisella Adasa** (Philippines)
- **Dr. Michelle Rodrigues** (Australia)

## TRACK 2  ISLA 2

**PIGMENTAROSCOPY WORKSHOP**

**CHAIRS:**  DR. SIDHARTH SONTHALIA (INDIA) / DR. PAOLA PASQUALI (SPAIN)

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>02:00 PM - 02:15 PM</td>
<td>Dermoscopy for Disorders of Pigmentation: Diagnosis and Beyond</td>
</tr>
<tr>
<td>02:15 PM - 02:30 PM</td>
<td>Essential Physics of Dermoscopy and the Findings in Normal Skin</td>
</tr>
<tr>
<td>02:30 PM - 02:45 PM</td>
<td>Evaluating and Interpreting Common Dermoscopy Structures</td>
</tr>
<tr>
<td>02:45 PM - 03:00 PM</td>
<td>Pigmentation Specific Dermoscopic - Histopathological Correlation</td>
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<tr>
<td>03:00 PM - 03:15 PM</td>
<td>Melasma / Ochronosis / LPP / PCD</td>
</tr>
<tr>
<td>03:15 PM - 03:30 PM</td>
<td>Lentigenes, Acanthosis Nigricans, Macular Amyloidosis</td>
</tr>
<tr>
<td>03:30 PM - 03:45 PM</td>
<td>Vitiligo: Characterization and Activity Evaluation</td>
</tr>
<tr>
<td>03:45 PM - 04:00 PM</td>
<td>Hypopigmented Lesions Other Than Vitiligo</td>
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<tr>
<td>04:00 PM - 04:15 PM</td>
<td>Dermoscopy Artefacts in Pigmentaroscopy</td>
</tr>
</tbody>
</table>

- **Dr. Sidharth Sonthalia** (India)
- **Dr. Mahima Agrawal** (India)
- **Dr. Steven Thng** (Singapore)
- **Dr. Johannes Dayrit** (Philippines)
- **Dr. Sidharth Sonthalia** (India)
- **Dr. Paola Pasquali** (Spain)
- **Dr. Abijeet Jha** (India)
- **Dr. Swapnil Shah** (India)
- **Dr. Pankaj Tiwary** (India)
### TRACK 3 - LASERS IN PIGMENTATION

**Chair:** Dr. Irene Gaile Robredo-Vitas (Philippines) / Dr. Beatriz Carpo (Philippines)

**Co-Chair:** Dr. Rashmi Sarkar (India)

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>02:00 PM</td>
<td>Basic Principles of Treating Skin of Color with Energy-based Devices</td>
<td>Dr. Ma. Pilar Leuenberger (Philippines)</td>
</tr>
<tr>
<td>02:20 PM</td>
<td>Use of Lasers in the Treatment of Melasma</td>
<td>Dr. Jonathan Nevin Yu (Philippines)</td>
</tr>
<tr>
<td>02:40 PM</td>
<td>Laser Toning and Rejuvenation in Skin of Color</td>
<td>Dr. Irene Gaile Robredo-Vitas (Philippines)</td>
</tr>
<tr>
<td>03:00 PM</td>
<td>Efficacy of Pulse Dye (V-Beam) Laser in Management of Cutaneous Vascular Lesions</td>
<td>Dr. Dharmendra Karn (Nepal)</td>
</tr>
<tr>
<td>03:20 PM</td>
<td>Preventing and Managing Complications in Treating Skin of Color</td>
<td>Dr. Beatriz Carpo (Philippines)</td>
</tr>
<tr>
<td>03:40 PM</td>
<td>Improving Outcomes in Removal of Tattoos and Pigmented Lesions</td>
<td>Dr. Maria Suzanne Datuin-De Leon (Philippines)</td>
</tr>
<tr>
<td>04:00 PM</td>
<td>Use of Lasers in Treating Hypopigmentation (Excimer Laser)</td>
<td>Dr. Loveme Suratos (Philippines)</td>
</tr>
<tr>
<td>04:20 PM</td>
<td>Picosecond Laser: What is the Fuss All About?</td>
<td>Dr. Mohammad Soliman (Egypt)</td>
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<tr>
<td>04:40 PM</td>
<td>Panel Discussion / Q&amp;A</td>
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### TRACK 4 - PIGMENTATION OF HAIR AND NAILS

**Chair:** Dr. Rica Mallari (Philippines) / Dr. Mae Quizon (Philippines)

**Co-Chairs:** Dr. Swapnil Shah (India)

**Hair Session**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker(s)</th>
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</thead>
<tbody>
<tr>
<td>02:00 PM</td>
<td>Approach to Hair Loss</td>
<td>Dr. Pankaj Tiwary (India)</td>
</tr>
<tr>
<td>02:20 PM</td>
<td>Dermoscopy of the Scalp and Hair: Color Matters</td>
<td>Dr. Adolfo Bormate, Jr. (Philippines)</td>
</tr>
<tr>
<td>02:40 PM</td>
<td>Growing Out &quot;Grays-Fully&quot;: Understanding the Mechanisms and Approach to Graying Hair</td>
<td>Dr. Claudine Silva (Philippines)</td>
</tr>
<tr>
<td>03:00 PM</td>
<td>Semi Permanent Cosmetic Micropigmentation Techniques for Eyebrow Enhancement</td>
<td>Dr. Gwendolyn Wong (Philippines)</td>
</tr>
<tr>
<td>03:20 PM</td>
<td>Hair Transplant Update: Follicular Unit Excision and its Applications (Eyebrows/Eyelash)</td>
<td>Dr. Julieta Arambulo (Philippines)</td>
</tr>
</tbody>
</table>

**Nail Session**

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<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>03:40 PM</td>
<td>Approach to Nail Pigmentation</td>
<td>Dr. Mae Ramirez Quizon (Philippines)</td>
</tr>
<tr>
<td>04:00 PM</td>
<td>Onychoscopy of Nail Pigmentation</td>
<td>Dr. Arunee Siripunvarapon (Philippines)</td>
</tr>
<tr>
<td>04:20 PM</td>
<td>Nail Pigmentation - When to Biopsy</td>
<td>Dr. Charlene Ang Tiu (Philippines)</td>
</tr>
<tr>
<td>04:40 PM</td>
<td>Acral Melanoma</td>
<td>Prof. Prasad Kumarasinghe (Australia)</td>
</tr>
</tbody>
</table>
DAY TWO
NOVEMBER 6, 2019
WEDNESDAY
08:00 AM - 11:30 AM
PLENARY
PLENARY SESSION OF PDS AND ASPCR
08:30 AM - 10:05 AM
FACIAL MELANOSIS: ADVANCES AND NEW FINDINGS

08:00 AM - 08:20 AM
Just When I Thought It Was...
Differentials for Facial Melanoses
Dr. Maria Juliet E. Macarayo (Philippines)

08:20 AM - 08:40 AM
Photoprotection in Dark Skinned Patients
Dr. Rashmi Sarkar (India)

08:40 AM - 09:00 AM
Paradoxical and Iatrogenic Dyschromias
Dr. Johannes Flores Dayrit (Philippines)

09:00 AM - 09:20 AM
Maturational Hyperpigmentation:
A Novel Cutaneous Marker for Metabolic Syndrome
Dr. Sidharth Sonthalia (India)

09:20 AM - 09:40 AM
Recalcitrant Melasma
Dr. Michelle Rodrigues (Australia)

09:50 AM - 10:05 AM
Translational Studies on Philippine Edible
Plant Antioxidants For Hyperpigmentations
Dr. Vermen M. Verallo-Rowell (Philippines)

10:10 AM - 11:05 AM
FOCUS PLENARY: DIAGNOSIS AND MONITORING OF PIGMENTARY DISORDERS

10:10 AM - 10:25 AM
PROLOGUE:
Color in Photography
Dr. Paola Pasquali (Spain)

10:30 AM - 10:45 AM
BEYOND SKIN DEEP: EXCITING DEVELOPMENTS IN SKIN IMAGING FOR PIGMENTARY DISORDERS AND SKIN CANCERS
Dr. Steven Thng (Singapore)

10:45 AM - 11:05 AM
EPILOGUE:
Dermoscopy and Teledermatology: A Perfect Marriage
Dr. Paola Pasquali (Spain)

11:10 AM - 11:25 AM
New Interplays Between Cellular Metabolism
and Melanogenesis
Prof. Robert Balloti (France)

08:10 AM - 08:20 AM
ILDS 2019 Certificate of Appreciation Award
Dr. Ma. Luisa Abad- Venida (Philippines)

11:30 AM - 12:30 PM
Lunch Symposium 1 (Novartis) [10:00 AM - 11:30 AM Lecture, 11:30 AM - 12:00 PM Workshop / AVP] - Isla 1, 2, 3

12:30 PM - 01:30 PM
Lunch Symposium 2 (Creative Skin) - Isla 2 / (Menarini) - Isla 1

01:30 PM - 02:00 PM
ASPCR and PDS Publication Awards (Isla 2) / PDS Research Forum Winners

02:00 PM - 05:00 PM
TRACK SESSIONS

VENUE
ISLA 1
ISLA 2
ISLA 3
PALAWAN

TRACKS ARE OPEN ON A FIRST COME, FIRST SERVED BASIS
PLEASE REFER TO TRACK SESSIONS TOPIC GUIDE FOR SCHEDULE DETAILS

TRACK 5: VITILIGO AND PHOTOPROTECTION

TRACK 6: COSMETIC AND PROCEDURAL DERMATOLOGY

TRACK 7: MANAGEMENT OF MELASMA AND RESISTANT HYPERPIGMENTATION

TRACK 8: ASPCR FREE COMMUNICATION SESSION AND TRAVEL AWARDS FOR YOUNG DERMATOLOGISTS
TRACK 5  ISLA 1
VITILIGO AND PHOTOPROTECTION
CHAIRS: DR. PATRICIA TINIO (PHILIPPINES) / DR. DEANNA RAMISCAL (PHILIPPINES)
CO-CHAIR: PROF. ERIC LAN (TAIWAN)

PHOTOPROTECTION

02:00 PM - 02:15 PM  Effects and Interactions of UV and Heat on the Skin: Implications on Sun-related Aging and Carcinogenesis
02:15 PM - 02:30 PM  All About Sunscreens, Inorganic and Organic, Nanotechnology and New Delivery Systems
02:30 PM - 02:45 PM  Topical Photoprotection Beyond Sunscreens
02:45 PM - 03:00 PM  Oral and Systemic Photoprotection: Updates and Current Knowledge
03:00 PM - 03:15 PM  Sunscreens: A Lowdown on Patient Education and Ecotoxicology

VITILIGO

03:15 PM - 03:30 PM  Vitiligo Work-up and Differential Diagnosis
03:30 PM - 03:45 PM  Medical and Emerging Therapy in the Treatment of Vitiligo
03:45 PM - 04:00 PM  Phototherapy for Vitiligo
04:00 PM - 04:15 PM  Chemical Induced Vitiligo (Rhododendrol Leukoderma)
04:15 PM - 04:30 PM  Special Considerations in Children with Vitiligo
04:30 PM - 04:45 PM  Surgical Therapy of Vitiligo
04:45 PM - 05:00 PM  Camouflage for Vitiligo

Prof. Eric Lan (Taiwan)
Dr. Lily Lyralin Tumalad (Philippines)
Dr. Vanessa Carpio (Philippines)
Dr. Pearl Weena Marie Sabido (Philippines)
Dr. Leilani Senador (Philippines)

Dr. Amelita Paliza (Philippines)
Dr. Bernardita Policarpio (Philippines)
Dr. Deanna Ramiscal (Philippines)
Prof. Tamio Suzuki (Japan)
Dr. Donna Sarrosa (Philippines)
Dr. Boon Kee Goh (Singapore)
Dr. Adrian Mar (Australia)

TRACK 6  ISLA 2
COSMETIC AND PROCEDURAL DERMATOLOGY
CHAIR: DR. MA. CRISTINA PUYAT (PHILIPPINES)
CO-CHAIR: DR. NAYARI MADARASINGHA (SRI LANKA)

02:00 PM - 02:15 PM  Psychosocial Dimensions of Pigmentary Conditions
02:15 PM - 02:30 PM  Rated R: Rejuvenation of Intimate Parts
02:30 PM - 02:45 PM  Acne Scars: Combination Approach
02:45 PM - 03:00 PM  Photorejuvenation
03:00 PM - 03:15 PM  Microneedling for Pigmentation
03:15 PM - 03:30 PM  Lip Rejuvenation in Asians
03:30 PM - 03:45 PM  PRP as Adjuvant Treatment for Melasma: My Personal Experience
03:45 PM - 04:00 PM  Oral and Topical Sunblock as Photoprotection
04:00 PM - 04:15 PM  Meso therapy for Melasma
04:15 PM - 04:30 PM  Role of IV Glutathione in Pigmentation: An Update
04:30 PM - 04:45 PM  Polypodium Leucotomos and Beyond
04:45 PM - 05:00 PM  Open Forum

Dr. Antonio Sison (Philippines)
Dr. Irene Gaile Robredo-Vitas (Philippines)
Dr. Alvee Aguilar-Teo (Philippines)
Dr. Angel Cumagun (Philippines)
Dr. Beverly Ong Amoranto (Philippines)
Dr. Stephen Lacson (Philippines)
Dr. Teresita Ferrariz (Philippines)
Dr. Vermeen Verallo-Rowell (Philippines)
Dr. Emily Soriano (Philippines)
Dr. Eleanor Asuncion (Philippines)
Dr. Ma. Teresita G. Gabriel (Philippines)
**TRACK 7**  
ISLA 3  
**MANAGEMENT OF MELASMA and RESISTANT HYPERPIGMENTATION**  
**CHAIR:** DR. EVANGELINE B. HANDOG (PHILIPPINES)  
**CO-CHAIRS:** DR. JOHANNES FLORES DAYRIT (PHILIPPINES) / DR. STEVEN THNG (SINGAPORE)  

<table>
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<tr>
<th>Time</th>
<th>Session</th>
<th>Speakers</th>
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<tr>
<td>02:00 PM - 02:20 PM</td>
<td>Introduction: The Pigment Underneath the Skin (Definition, Incidence of Melasma) What the Eyes Can’t See:</td>
<td>Dr. Evangeline B. Handog (Philippines)</td>
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<tr>
<td>02:20 PM - 02:40 PM</td>
<td>Novel Concepts on Pathogenesis of Melasma</td>
<td>Dr. Steven Thng (Singapore)</td>
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<tr>
<td>02:40 PM - 03:00 PM</td>
<td>Understanding Melasma from its Histologic Findings</td>
<td>Dr. Ma. Flordeliz Abad-Casintahan (Philippines)</td>
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<tr>
<td>03:00 PM - 03:20 PM</td>
<td>Differentiating Difficult Facial Melanosis</td>
<td>Dr. Ma. Angela Lavadia (Philippines)</td>
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<tr>
<td>03:20 PM - 03:40 PM</td>
<td>Topical Agents for Melasma: What’s New?</td>
<td>Dr. Luella Joy A. Escueta-Alcos (Philippines)</td>
</tr>
<tr>
<td>03:40 PM - 04:00 PM</td>
<td>Chemical Peels for Melasma</td>
<td>Dr. Rashmi Sarkar (India)</td>
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<tr>
<td>04:00 PM - 04:20 PM</td>
<td>Role of Lasers and Light Devices in the Management of Melasma</td>
<td>Dr. Johannes Flores Dayrit (Philippines)</td>
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<td>04:20 PM - 05:00 PM</td>
<td>Panel Discussion of Difficult Hyperpigmentation Cases</td>
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**TRACK 8**  
PALAWAN  
**ASPCR FREE COMMUNICATION SESSION AND TRAVEL AWARDS FOR YOUNG DERMATOLOGISTS**  
**CHAIR:** DR. SIDHARTH SIKHOTAILA (INDIA) / PROF. PRASAD KUMARASINGHE (AUSTRALIA)
**PLenary**

**TREATMENT PEARLS FOR PIGMENTARY PROBLEMS**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
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<tbody>
<tr>
<td>08:00 AM – 08:15 AM</td>
<td>Oral Supplements for Skin Lightening: Is There Science Behind the Hype?</td>
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<tr>
<td>08:15 AM – 08:30 AM</td>
<td>Melanoma in Asians</td>
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<tr>
<td>08:30 AM – 08:45 AM</td>
<td>Updates on Lichen Planus Pigmentosus</td>
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<tr>
<td>08:45 AM – 09:00 AM</td>
<td>Darker Side of Dark Skin: Post-inflammatory Hyperpigmentation</td>
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<td>09:00 AM – 10:00 AM</td>
<td>Sponsored Symposium 1 (Solta)</td>
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<tr>
<td>10:15 AM – 10:30 AM</td>
<td>Pigmentation of Leucoderemic Scars with FUE Transplantation</td>
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<tr>
<td>10:30 AM – 10:45 AM</td>
<td>Combination Treatment with Chemical Peels for Pigmentation</td>
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<tr>
<td>10:45 AM – 11:00 AM</td>
<td>Periorbital Hyperpigmentation and Rejuvenation</td>
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<tr>
<td>11:00 AM – 12:00 PM</td>
<td>Lunch Symposium 2 (Eskin)</td>
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<tr>
<td>12:00 PM – 01:00 PM</td>
<td>Lunch Symposium 3 (Bayer)</td>
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<tr>
<td>01:00 PM – 03:00 PM</td>
<td>PDS Business Meeting</td>
</tr>
</tbody>
</table>

**2019 PDS ANNUAL CONVENTION ORGANIZING COMMITTEE**

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- **Co-Chair**: Mary Charmaine G. Castillo, MD
- **Member**: Ma. Theresa A. Carmona, MD

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- **Members**: Mary Elizabeth S. Danga, MD; Martha Joy Buuan-Tapaes, MD

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